



3 days tour

The Salt Road



Sport, Nature, Active Holiday

day 1

- 9.30 Meeting in the hotel lobby and departure for **excursion**
- 10.00 Meeting at the Cloister of the former St. Francis Convent
Registration and Welcome drink
- 10.15 Guided Tour of the historical centre “Churches, Historical houses, hidden courtyards: legends and curiosities of the village”
- 11.00 Bicycle delivery, departure for the **“The Salt Road”** cycling experience
- 13.00 Arrival at **Torre di Cerrano** marine sea reserve
- 13.15 Lunch at local beach club
- 15.30 Guided tour of the **saracen tower**
- 16.30 Return to hotel
- 20.00 Departure for the main square of the village: re-enactment of **‘The Departure’** traditional ceremony, accompanied with **traditional dances (“Quadrille”)** and food/wine tastings
- 23.00 Return to hotel

day 2

- 8.30 **Bride preparation in an elegant historical house of the village**
Shuttle to the wedding venue for all the guests
- 10.00 **Bride’s traditional parade from bride’s house to the ceremony**
- 10.30 Wedding ceremony (civil or religious)
- 11.00 At the end of the ceremony, historical re-enactment of traditional wedding ritual, **folklore performance of “the Lace Dance”**
- 12.30 Shuttle to wedding banquet venue
Return to hotel

NB: All the relieving activities and performances are marked with red

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day 3

	Morning at leisure and lunch at the hotel
15.00	Meeting at the hotel lobby and departure for excursion
16.00	Departure for Bussi and canoe trip on the river Tirino
17.30	Guided tour to the castle of Capestrano
18.30	Departure for Ofena and wine tour
20.00	Dinner at local winery or farmhouse
23.00	Return to hotel

Further excursions to:

Punta Aderci natural reserve

Scanno and Villa Lago and 'The path of the heart' trekking experience

